

**2017 Mount Royal Academy
Ski Program Information Sheet
(Please read carefully and keep for reference)**

Ski season is right around the corner! We are happy to announce that we will be participating in the ski program at Mount Sunapee once again this year. The program runs for 5 consecutive weeks starting Wednesday, January 4th. Students' dismissal on ski days will be at 11:00am. Lessons begin at 12:00pm and run for one hour. After lessons, students will be allowed to "free ski" with a designated chaperone. Pick up is at 4:00pm at Mount Sunapee. Please be prompt.

The following information and attached paperwork is very important to ensure the safety and success of the students and program. ALL PARENTS MUST SIGN THE "RELEASE OF LIABILITY" FORM IN ORDER FOR YOUR CHILD TO PARTICIPATE IN THE PROGRAM. Please return all completed paperwork to Mrs. McDonald in the Elementary School office by Wednesday, November 30th. Please send paperwork in the envelope in which you received it.

If the completed paperwork is not received by the end of the day on Wednesday, November 30th your child will not be able to participate in the ski program.

Please return the following by November 30th:

Mount Royal Academy Release of Liability Forms (child and chaperone)

Mount Sunapee Release of Liability Forms (child and chaperone)

Personal Skills Assessment

Transportation Form

Chaperone Questionnaire

Rental Form (If rentals aren't needed, please place an "X" through form)

Helmet Release Form, if applicable

Payment. Please make check payable to Mount Royal Academy.

_____ \$78 each student for lessons/lift ticket **OR**

_____ \$138 each student, if rentals are needed

All information needs to be completed! Incomplete forms will be returned and cause a delay in the ski program!

NEW TO PROGRAM?

For children who have not participated in this program before, please take a trip to the mountain prior to the start of the program. Familiarize your child with the layout. Please review the information sheet with your child as well.

PROGRAM DATES AND TIMES

- The 5 week program begins Wednesday, January 4th.
- *Program dates: January 4, 11, 18, 25, & February 1*
- 11:00 dismissal from MRA (grades 1-12)
- 12:00 lesson with Mount Sunapee instructor
- 1:00 “free ski”; MRA DOES NOT GUARANTEE CHAPERONE SUPERVISION
- 4:00 pick up at Mount Sunapee (Spruce Lodge)

COST

- The cost of the entire program (including lessons and lift pass) is **\$78 per student**.
- Rental equipment is an additional **\$60**, for a total of **\$138 per student**.

***Please make your check payable to Mount Royal Academy. Students must be at least 6 years of age to participate.**

HELMETS

Helmets are strongly recommended! If your child will not wear a helmet, the child/parent will have to sign a waiver (attached), and return it to the office.

WE ARE IN NEED OF CHAPERONES!

If you are able to be a lodge parent, skiing/riding parent, ride-provider, or “standing” chaperone, please complete the chaperone questionnaire and return with the packet. A Chaperone Release Form is necessary for any and all chaperones as the mountain does not allow a chaperone to participate without one. It is required that all chaperones be available at the end of the lesson (1-4pm) for direction and assistance. Ski chaperones receive a free lift ticket and rentals on the afternoon they are chaperoning!

*****All chaperones must complete a background check in order to chaperone*****

*****Chaperones will be assigned by MRA to children who absolutely require supervision; however, since securing chaperones is always fluid and challenging, MRA does not guarantee direct chaperone supervision during the free ski. Chaperones will be stationed in the lodge, on South Peak, and available to ski with children who require supervision. Advanced and/or mature children will be expected to ski or ride in groups. Any unsafe act or inappropriate behavior by a child may result in dismissal from the ski program. Refunds are not available.*****

TRANSPORTATION

Since parents are responsible for the transportation of their children to and from the mountain, please make sure you are available or, that you have previously arranged a suitable alternative for rides. Please fill out the attached form indicating the child's transportation and also return this to the office. Students will be dismissed from school at 11:00am and will be ready for pick-up at 4:00pm from Mount Sunapee. **You must see a chaperone and sign your child out before leaving the mountain.**

BUDDY SYSTEM

It is imperative that students NEVER ski/snowboard alone. Please explain to your child the importance of remaining with a "buddy" on the mountain and at the lodge. Encourage your child to seek help immediately if their "buddy" has a problem.

CANCELLATIONS

If the school is cancelled due to inclement weather, the program will be cancelled. We are allowed one make-up session.

IF STUDENT IS RENTING EQUIPMENT

Rental equipment will be available for pick-up at the rental shop next to Spruce Lodge before the student's lesson. Please try to arrive at the rental shop by 11:15am. This will allow time for picking up rentals and getting ready for lesson. Again, the cost for renting equipment is an additional \$60, making the total cost per student \$138. Please be advised that we will be unable to permit changing from skiing to snowboarding or vice versa once the program has begun. **IMPORTANT: Fittings will be held for those students renting equipment on Monday, December 7th in the Mount Royal Academy St. Joseph's Center.**

FOOD

Students can build up an appetite! Please make sure your child has snacks/drinks or money. The ski lodge does have a cafeteria.

MRA SKI BIBS

These bibs are worn over jackets, making our students more visible on the mountain and in the lodge. This will enhance the safety and success of the program. Students in elementary school and junior high must wear bibs. High school students do not have to wear bibs.

RIGHT TO DISMISS CHILD FROM SKI PROGRAM

MRA reserves the right to dismiss a child from the ski program. The program is considered a school activity, and the school assumes responsibility for children, but the school cannot assume all liability due to the dangers always associated with skiing or riding. Children who demonstrate unsafe or inappropriate behavior may be dismissed from the ski program.

Ski Program Day Itinerary

11:00AM Renters must pick up their equipment at the rental shop, then proceed next door to the Spruce Lodge. Leave equipment on the rack outside. Students who do not have rentals proceed directly to Spruce Lodge, and should leave their equipment on the rack outside. At Spruce Lodge students will have the opportunity to put on boots/clothing. There are cubbies and lockers for personal items. It is imperative that students be dressed appropriately for the weather. Warm clothing, gym pants/ long underwear, neck warmers, and insulated mittens are a must.

12:00PM All students will participate in a lesson starting at 12:00PM sharp. Please be on time! Each lesson is 1 hour long and will end at 1:00PM. The red, green, and yellow groups must get on the shuttle to South Peak, and meet their instructors in front of the Learning Center. The blue and black groups meet at the waffle hut between Spruce Lodge and Sunapee Lodge. This lesson is MANDATORY.

1:00PM Students will meet their assigned chaperone at this time if they wish to ski/board the rest of the day. The meeting place is the same place as the lesson. Do not go back to the lodge! You are to stay with your chaperone and your "buddy" at all times. The only time you are to be away from your chaperone is to go to the lodge and you must have permission to do so.

* If you are in high school you must make every effort to stay with your chaperone. You must also ski or board with a group of at least 3.

3:30PM Students are to return to Spruce Lodge. Students should put on their street shoes and return rented equipment. To return equipment, just walk through the rental shop front door and check out with someone that works there. Please return your equipment only. Students are responsible for their own equipment.

4:00PM **You must return your ski pass and MRA bib to the lodge chaperone before leaving the lodge. You must see your child's chaperone and sign your child out before leaving the mountain.** All students will be picked up at 4:00PM, the mountain's closing time; please be considerate of chaperones and be prompt.

FAQs

WHAT SHOULD I DO WHEN I GET TO THE MOUNTAIN ?

If possible, park in the main parking lot.

- If you have your own equipment, you can either park first, or drop off your equipment at the outdoor racks in front of Spruce Lodge.
- If your child needs rentals, go with your child to the rental building. There you will be asked your name and the rental staff will have your equipment all ready to go. Leave your skis and poles on the outdoor rack.
- Proceed to Spruce Lodge (next door) and look for the group from MRA, usually at the two tables closest to the front entrance. Find a cubby (or locker) to store your shoes and snacks. Change into boots and mittens, etc.
- Help your child find his/her lesson group : red, green, yellow groups meet at the flags in front of the Learning Center. Ride the shuttle from Spruce Lodge to South Peak. Blue and black groups meet at the flags next to the waffle hut, located between Spruce Lodge and Sunapee Lodge. **Lessons start at 12:00 sharp. Please do not be late.**
- Your child's MRA chaperone will meet your child at the end of the lesson.

WHAT SHOULD MY CHILD WEAR AT THE MOUNTAIN?

As you know, the weather can be very cold and unpredictable. Please consider your child's clothing to ensure a fun day. Be sure to label all items. Here are some suggestions:

- Goggles – On snowy days it is difficult to see where you are going without goggles. On sunny days the glare is intense.
- Layers of clothing –layering clothes will allow your child to change according to conditions. A turtleneck under a sweater/ fleece with an insulated or soft shell jacket works well. For the legs, long underwear or sweat pants under ski pants. Warm socks which aren't too thick or too thin. Some people prefer wool socks because they're warm and moisture wicking.
- Insulated mittens & neck gaiter. Hand warmers and foot warmers work well, too.

WHAT IS THE PICK UP PROCEDURE ?

Students will be at the Spruce Lodge by 4:00 and ready for pick up. Please make sure rental equipment has been returned. **You must return your ski pass and MRA bib to the lodge chaperone before leaving the lodge. You must see your child's chaperone and sign your child out before leaving the mountain.**

CAN I WATCH OR SKI WITH MY CHILD?

Yes ! There are areas at the base of South Peak (beginner's mountain) to watch. There is a warming hut there. Parents of students enrolled in the program can purchase chaperone lift tickets and rentals. Chaperone tickets will cost \$33* and equipment rental will cost an additional \$15* per day. Lift tickets can only be purchased on the day of the visit and cannot be purchased in advance. If your child will be skiing with you and not the assigned group, please notify your child's chaperone.

*subject to change

I REGISTERED FOR SKIING. CAN I SWITCH TO SNOWBOARDING ?

Please be advised that we will be unable to permit changing from skiing to snowboarding or vice versa once the program has begun. This is due to the fact that students must move along with the pace of the lesson groups.

WHAT IF MY CHILD NEEDS TO BE PICKED UP EARLY ?

As soon as you know, contact Katie Richardson and she will coordinate pick-up with your child's chaperone.

I'M NOT SURE WHICH SKI LEVEL MY CHILD BELONGS IN

Brand new skiers or snowboarders should register for the red group. Mount Sunapee's rule of thumb is that if your child skied last year, they should register for the group they ended in last year. For example, if your child ended in the green group, they should register for the green group this year. The exception to this is if your child was in the red group last year. Mount Sunapee instructors will do assessments on the first day. They will make adjustments, if warranted.

CAN I CHAPERONE IF I HAVE LIMITED AVAILABILITY?

yes ! We are in need of chaperones for the enjoyment and safety of the students. Please indicate your availability on the chaperone questionnaire.

WHAT IF I HAVE QUESTIONS ?

We encourage questions! Contact Katie Richardson.

SKI PROGRAM CHAPERONE QUESTIONNAIRE

Parent participation is vital to the ski program ! Thank you for your consideration.

Name _____

Yes! I want to chaperone

_____ Lodge

_____ Standing (base of mountain)

_____ Ski: Ability _____

Available dates: _____

(Program dates: January 4, 11, 18, 25 & February 1)

No, I am unable to chaperone at this time

Last Name (Print)

First Name

School (Print)

School Release 2016-2017 - FOR chaperone

RELEASE OF LIABILITY AGREEMENT

PLEASE READ CAREFULLY BEFORE SIGNING

I understand that my participation in the Program for the 2016-2017 Season (hereafter "the Program") involves exposure to inherent risks of skiing, snowboarding and/or other winter sports. I understand and accept that skiing, snowboarding, and/or other winter sports are hazardous and have many dangers and risks, including but not limited to: loss of control due to variations in snow or ice conditions, jumps, steepness and terrain features; collisions with fixed or moving objects, natural or man-made, collisions with other skiers or persons. I voluntarily EXPRESSLY ASSUME ALL RISKS inherent or otherwise associated with my participation in the Program, including all risks of personal injury, death or property damage. As a condition of my ability to participate in the Program, **I RELEASE** Mount Royal Academy, its officers, directors, employees, and agents (hereafter "RELEASEES") **FROM ANY AND ALL CLAIMS OF LIABILITY OF ANY KIND, INCLUDING NEGLIGENCE**, which may result from conditions on or about its premises, operation of the ski area, its facilities or equipment, or from participation in skiing or other winter sports.

I agree that any claim which I may bring against any RELEASEE shall be brought ONLY in New Hampshire Federal or State courts. I agree that this document is a legally binding contract which supersedes any other agreements or representations by or between the parties and which is intended to provide a comprehensive release of liability. Further, I agree that if any provision of this agreement is determined to be unenforceable, all other provisions shall be given full force and effect.

By my signature below, I certify that I have read and understand the terms of this RELEASE OF LIABILITY AGREEMENT and that I am signing it of my own accord, realizing it is binding upon myself, my heirs and assigns.

Signature _____

Date _____

Mount Royal Academy
26 Seven Hearths Lane
Sunapee, NH 03782
(603) 763-9010

Child's Name (First) _____ (Last) _____ School _____

School Release 2016 - 2017 - Season - FOR MINOR children

**RELEASE OF LIABILITY, INDEMNIFICATION AND MEDICAL AUTHORIZATION
AGREEMENT**

PLEASE READ CAREFULLY BEFORE SIGNING

Release of Liability and Assumption of Risks

I understand that participation by my child(ren) or ward (hereafter collectively "my Child") in the _____ for the 2016-2017 Season (hereafter "the Program") involves exposure to inherent risks of skiing, snowboarding and/or other winter sports. I also understand that my Child's participation may require the use of ski lifts and that my Child may ride the lifts alone, with other guests or with other children and that all of these uses involve a risk of injury. I voluntarily EXPRESSLY ASSUME ALL RISKS inherent or otherwise associated with my Child's participation in the Program, including all risks of personal injury, death or property damage. As a condition of my Child's ability to participate in the Program, I hereby certify that I have full authority to act as my Child's legal guardian and in that capacity and with full understanding of the foregoing risks, I, individually and as legal guardian of my Child, **RELEASE** Mount Royal Academy, its officers, directors, employees, and agents (hereafter "RELEASEES") **FROM ANY AND ALL CLAIMS OF LIABILITY OF ANY KIND, INCLUDING NEGLIGENCE**, which may result from conditions on or about its premises, operation of the ski area, its facilities and equipment, or from participation in skiing or other winter sports.

Indemnification Agreement

I further agree to INDEMNIFY, DEFEND AND HOLD HARMLESS the RELEASEES from any and all damages and losses or claims or actions of any kind, including **NEGLIGENCE**, brought by any person, including my Child, which arise out of my Child's use of any Mount Sunapee Resort premises or facilities.

Medical Treatment Authorization

I recognize that during participation in the Program medical or dental care may be necessary for my Child. I authorize Mount Sunapee to render first aid and to call for medical or dental treatment for my Child if, in the opinion of Mount Sunapee Resort first aid personnel, medical or dental care is needed. I agree to be responsible for all medical expenses and cost associated with such care and related transportation.

Miscellaneous

I agree that any claim which I, individually or as legal guardian of my Child, or my Child directly may bring against any RELEASEES shall be brought ONLY in New Hampshire Federal or State courts. I agree that this document is a legally binding contract which supersedes any other agreements or representations by or between the parties and which is intended to provide a

comprehensive release of liability. Further, I agree that if any provision of this agreement is determined to be unenforceable, all other provisions shall be given full force and effect.

By my signature below, I certify that I have read and understand the terms of this RELEASE OF LIABILITY, INDEMNIFICATION AND MEDICAL AUTHORIZATION AGREEMENT and that I am signing it of my own accord, realizing it is binding upon myself, my Child, our heirs and assigns.

Parent/Guardian

Signature_____Date_____

MOUNT ROYAL ACADEMY
26 SEVEN HEARTHS LANE
SUNAPEE, NH 03782
(603) 763-9010

Mount Royal Academy
Release of Liability Form

**MUST SIGN AND RETURN IF YOUR CHILD DOES NOT PLAN ON WEARING A
HELMET DURING THE 2017 SKI PROGRAM.**

- I understand that it is Mount Royal Academy policy to wear a helmet while participating the 2017 Ski Program.
- I understand that participation by my child without wearing a helmet involves exposure to risk of head injury.
- I voluntarily assume all risks and release Mount Royal Academy from any liability, including negligence, which may result in refusal to wear a helmet while skiing or snowboarding.

Parent/Guardian Signature _____

Student Signature _____

Date _____

PLEASE RETURN TO THE OFFICE BEFORE THE START OF THE PROGRAM.

Last Name (Print)

First Name

School (Print)

School Release 2016-2017 - FOR chaperone

RELEASE OF LIABILITY AGREEMENT

PLEASE READ CAREFULLY BEFORE SIGNING

I understand that my participation in the Program for the 2016-2017 Season (hereafter “the Program”) involves exposure to inherent risks of skiing, snowboarding and/or other winter sports. I understand and accept that skiing, snowboarding, and/or other winter sports are hazardous and have many dangers and risks, including but not limited to: loss of control due to variations in snow or ice conditions, jumps, steepness and terrain features; collisions with fixed or moving objects, natural or man-made, collisions with other skiers or persons. I voluntarily EXPRESSLY ASSUME ALL RISKS inherent or otherwise associated with my participation in the Program, including all risks of personal injury, death or property damage. As a condition of my ability to participate in the Program, **I RELEASE** Mount Sunapee Resort, The Sunapee Difference LLC, Triple Peaks LLC, CNL Mount Sunapee Income LLC, and the State of New Hampshire, parent companies, subsidiaries, affiliates, officers, directors, employees, and agents (hereafter “RELEASEES”) **FROM ANY AND ALL CLAIMS OF LIABILITY OF ANY KIND, INCLUDING NEGLIGENCE**, which may result from conditions on or about its premises, operation of the ski area, its facilities or equipment, or from participation in skiing or other winter sports.

I agree that any claim which I may bring against any RELEASEE shall be brought ONLY in New Hampshire Federal or State courts. I agree that this document is a legally binding contract which supersedes any other agreements or representations by or between the parties and which is intended to provide a comprehensive release of liability. Further, I agree that if any provision of this agreement is determined to be unenforceable, all other provisions shall be given full force and effect.

By my signature below, I certify that I have read and understand the terms of this RELEASE OF LIABILITY AGREEMENT and that I am signing it of my own accord, realizing it is binding upon myself, my heirs and assigns.

Signature _____

Date _____

Child's Name (First) _____ (Last) _____ School _____

School Release 2016-2017 - Season - FOR MINOR children

**RELEASE OF LIABILITY, INDEMNIFICATION AND MEDICAL AUTHORIZATION
AGREEMENT**

PLEASE READ CAREFULLY BEFORE SIGNING

Release of Liability and Assumption of Risks

I understand that participation by my child(ren) or ward (hereafter collectively "my Child") in the _____ for the 2016-2017 Season (hereafter "the Program") involves exposure to inherent risks of skiing, snowboarding and/or other winter sports. I also understand that my Child's participation may require the use of ski lifts and that my Child may ride the lifts alone, with other guests or with other children and that all of these uses involve a risk of injury. I voluntarily EXPRESSLY ASSUME ALL RISKS inherent or otherwise associated with my Child's participation in the Program, including all risks of personal injury, death or property damage. As a condition of my Child's ability to participate in the Program, I hereby certify that I have full authority to act as my Child's legal guardian and in that capacity and with full understanding of the foregoing risks, I, individually and as legal guardian of my Child, **RELEASE** Mount Sunapee Resort, The Sunapee Difference LLC, Triple Peaks LLC, CNL Mount Sunapee Income LLC, and the State Of New Hampshire, their parent companies, subsidiaries, affiliates, officers, directors, employees, and agents (hereafter "RELEASEES") **FROM ANY AND ALL CLAIMS OF LIABILITY OF ANY KIND, INCLUDING NEGLIGENCE**, which may result from conditions on or about its premises, operation of the ski area, its facilities and equipment, or from participation in skiing or other winter sports.

Indemnification Agreement

I further agree to INDEMNIFY, DEFEND AND HOLD HARMLESS the RELEASEES from any and all damages and losses or claims or actions of any kind, including **NEGLIGENCE**, brought by any person, including my Child, which arise out of my Child's use of any Mount Sunapee Resort premises or facilities.

Medical Treatment Authorization

I recognize that during participation in the Program medical or dental care may be necessary for my Child. I authorize Mount Sunapee to render first aid and to call for medical or dental treatment for my Child if, in the opinion of Mount Sunapee Resort first aid personnel, medical or dental care is needed. I agree to be responsible for all medical expenses and cost associated with such care and related transportation.

Miscellaneous

I agree that any claim which I, individually or as legal guardian of my Child, or my Child directly may bring against any RELEASEES shall be brought ONLY in New Hampshire Federal or State courts. I agree that this document is a legally binding contract which supersedes any other agreements or representations by or between the parties and which is intended to provide a comprehensive release of liability. Further, I agree that if any provision of this agreement is determined to be unenforceable, all other provisions shall be given full force and effect.

By my signature below, I certify that I have read and understand the terms of this RELEASE OF LIABILITY, INDEMNIFICATION AND MEDICAL AUTHORIZATION AGREEMENT and that I am signing it of my own accord, realizing it is binding upon myself, my Child, our heirs and assigns.

Parent/Guardian

Signature _____ Date _____

Mount Sunapee Resort P.O. Box 2021 Newbury, NH 03255 (603) 763-3500

2017

Mount Royal Academy Ski Program

Chaperone Information



Lodge Chaperone Responsibilities

- Supervise students in the lodge area
 - Assist students with gear before lesson and end of day
 - Walk around lodge making sure students are doing what they should be
 - Help students stay on schedule
 - Collect bibs, passes, arm bands and hand-held radios at the end of the day
 - Keep emergency contact information
 - Supervise restroom trips
 - Serve as a “home base” to the ski program (Spruce Lodge)
 - Reserve tables in the lodge
 - Encourage students to wear bib in the lodge
 - Reinforce the “buddy” system
 - Help students with MRA bibs before and after restroom trips
 - Coordinate transportation of “buddies” from mountain to lodge and vice versa
 - **South Peak** If “buddies” need to go to the lodge outside of a group break, you will be notified by a runner prior to escort. Meet “buddies”/runner at shuttle stop outside of Spruce Lodge. When the “buddies” are ready to return to mountain, contact a runner for escort. Meet runner at shuttle.
 - **Summit: Younger students (up to grade 6)** If “buddies” need to go to the lodge outside of a group break, ski chaperone will notify runner stationed at Express Quad. Runner will escort “buddies” to the lodge. When “buddies” are ready to return to mountain, contact a runner for escort
 - **Summit: Older students (grades 7+)** If “buddies” need to go to the lodge outside of a group break, “runner” will notify lodge chaperone. “Buddies” will walk to the lodge. Lodge chaperone will radio back to runner once they arrive. When “buddies” are ready to return to mountain, contact a runner to let them know “buddies” are coming
- * Please volunteer to alternate with foot chaperone. It can be very cold standing at the base of the mountain for 4 hours. Please be mindful.**

Foot Chaperone Responsibilities **(This takes place at South Peak)**

- Assist students at South Peak: magic carpet / base of mountain, as needed
- Help students stay on schedule
- Assist students to find lesson group at 12:00
 - Red, yellow, green groups need to take shuttle. Meet in front of Learning Center
 - Blue and black groups meet near the waffle hut, located between the two lodges
- Assist students to find “free-ski” group at 1:00
- Reinforce the “buddy” system
- Supervise “buddies” in the warming hut. The warming hut should be staffed by one foot chaperone at all times. Please alternate with other foot chaperones.
- Volunteer to alternate with lodge chaperone

“Runner” Chaperone Responsibilities

South Peak:

- Supervise “buddies” on the shuttle from South Peak to Spruce Lodge
- Assist foot chaperones at south peak, as necessary
- If “buddies” need to go to the lodge outside of a group break, transport “buddies” to the lodge. Coordinate with lodge chaperone prior to escort, as lodge chaperone will meet runner and “buddies” at the shuttle stop at Spruce Lodge. Students should never be sent to the lodge alone. Lodge chaperone will notify runner when “buddies” are ready to return to mountain
- Assist students to find lesson groups at 12:00 and free ski groups at 1:00
- Help students stay on schedule
- Reinforce the “buddy” system

Summit:

- Younger students (up to grade 6) If “buddies” need to go to the lodge outside of a group break, you will be notified by a ski chaperone. Escort “buddies” to lodge and notify lodge chaperone.
- Older students (grades 7+) If “buddies” need to go to the lodge outside of a group break, you will be notified by a ski chaperone. Notify lodge to look for “buddies” and lodge will radio back once they arrive.
- Assist students to find lesson groups at 12:00 and free ski groups at 1:00
- Help students stay on schedule
- Reinforce the “buddy” system

Ski Chaperone Responsibilities

- Attend lesson with students. Per Mount Sunapee, one ski chaperone is required per lesson group. Please be ready to attend lesson at 12:00.
- Supervise a group of students
- Help students stay on schedule
- Establish and stress the “buddy” system. Pair students in your group. If possible, try to maintain the same buddies for the five sessions.
- Help direct students to the lesson meeting area at 12:00 and assist in finding group:
 - red/yellow/green groups need to take shuttle. Meet in front of the learning center
 - blue/black groups meet near the waffle hut, located between the two lodges
- Meet your free-ski group at 1:00. Mount Sunapee instructors will return students to meeting area at 1:00. This is the same location as the lesson meeting area.
- Assist other ski chaperones, if necessary
- Inform Mount Sunapee instructor if a student is absent
- If “buddies” need to go to the lodge outside of a group break:
 - (South Peak) Notify runner stationed at the base of South Peak
 - (Summit) Notify runner stationed near the Express quad
- Supervise your group until all students have been picked up by parent or their prearranged ride.

FAQs

I am a ski chaperone. I need a lift pass and ski rentals. Where do I get these?

First, pick up your chaperone lift pass from designated Parent/Teacher at Spruce Lodge. Then proceed to the rental department. You must have lift ticket in hand before rentals will be given. Reservations are not necessary, but allow extra time in order to get to lesson by 12:00. You may be charged \$15 for rentals. If so, see Derek Tremblay for reimbursement.

I'm a ski chaperone on South Peak. What should I do if one student has to use the restroom and the rest of the group wants to continue skiing?

Notify a foot chaperone, based at chairlift or magic carpet area. The foot chaperone will escort the "buddies" to the lodge where they will meet a lodge chaperone. After, the lodge chaperone will notify a foot chaperone and coordinate return to South Peak. The foot chaperone will stay with the "buddies" until they rejoin the ski chaperone.

How many breaks do I take with my group?

It's up to the chaperone, and the needs of the group. On average, most chaperones return to the lodge twice. However, it depends on the group and the weather.

My group wants to ski the advanced terrain parks, such as Pipeline and Jetstream. Is that ok?

These terrain parks are for experts only.

Do cell phones work?

Cell coverage is unreliable at the mountain. Use of the hand-held radio is the best method of communication.

What time should my group return to the lodge?

Parents are required to pick up their children at 4:00. Plan to return to the lodge around 3:30. This will allow time for equipment removal and rental returns. MRA bibs, ski passes and chaperone arm bands need to be returned to lodge chaperone.

Why is the lesson group slightly different from my chaperone group?

Mount Sunapee forms the lesson groups and then the information is given to MRA to form "free ski" groups. MRA is working to maintain continuity from the lesson to the free-ski group. Unfortunately, that is not always possible. Sometimes skiers and snowboarders may have to be combined in "free-ski" groups due to the number of chaperones and weekly availability. Other factors may include changes in group level (from Mount Sunapee) and age of students. Thank you for being flexible.

I'm on South Peak and need an additional chaperone to help students on the chairlift. What do I do?

Contact Derek Tremblay.

My group is done with their break at Spruce Lodge and wants to return to the mountain. However, one student is tired and wants to stay in the lodge.

Notify lodge chaperone. Student must stay with his/her buddy. Lodge chaperone will coordinate return to the mountain/ski group.

Tell me more about the buddy system

On the first day, students will be paired up by an MRA ski chaperone. The students need to stay with their "buddies" throughout the day and preferably every session.

How do I address behavior issues?

If any student is misbehaving, contact Derek Tremblay immediately and send student to lodge.

I'm at South Peak and one of my skiers is cold and needs a break. What do I do?

Bring "buddies" to the warming hut. There will always be at least one foot chaperone there. When students are ready to return, foot chaperone will meet chaperone at South Peak chairlift.

My group is skiing from the summit and one student wants to go to the lodge. What do I do? Notify a foot chaperone based near the Express Quad. The foot chaperone will coordinate with lodge chaperone. Student must stay with his/her buddy. After break, lodge chaperone will coordinate return to ski group.

Where do we return MRA bibs, chaperone arm bands, ski passes and hand-held radios?

- MRA bibs must be returned to designated Parent/Teacher at Spruce Lodge. There will be separate bins for small, medium and large.
- Chaperone arm bands must be returned to designated Parent/Teacher at Spruce Lodge. There will be a bag for returns.
- Ski passes must be returned to designated Parent/Teacher (lodge chaperone) at Spruce Lodge. Please give your name so it can be checked off the list.
- Hand-held radios must be returned to Derek Tremblay.

Students in my group want to pass me on the trail. Is this okay?

Please see Safety While Skiing

Safety While Skiing

- **Younger students (grades K-6)** : “buddies” should follow the chaperone. The “buddy” system is imperative. If feasible, you can coordinate with another ski chaperone to create a larger group, with two chaperones. One chaperone can be the leader and the other can be the trailer.
- **Grades 7+ in red or yellow groups**: “buddies” should follow the chaperone. The “buddy” system is imperative. If feasible, you can coordinate with another ski chaperone to create a larger group, with two chaperones. One chaperone can be the leader and the other can be the trailer.
- **Grades 7+ in green, blue and black groups**: Chaperone should be the trailer in the group. Tell “buddies” to meet at the chairlift and wait there for the chaperone. The buddy system is imperative.

Chairlift Safety

- Before getting on chairlift, students should observe people getting on the chairlift
- Students should pay attention and maintain their position in chairlift line - no changing lanes!
- Students should point poles down. Hold poles in one hand getting on lift
- Chaperones should lower restraint bar whenever possible
- Students should sit back as far as possible and should never lean forward toward edge of seat. Never rest on restraint bar.
- Sit still, hang on and no horseplay (turning around in chair, throwing snowballs from lift, etc)
- Best if chaperone sits in middle
- Keep unloading area clear. After unloading, ski to the side of the trail
- If student drops equipment, wait until at top of mountain and notify lift attendant
- For more information, visit kidsonlifts.org

Skier and Rider Responsibility Code

- Always stay in control. Be able to stop or avoid people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail or are not visible from above.
- When starting downhill or merging into a trail, look uphill. Yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails.
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely